

Challenging AI — Critical thinking, bias and decisions

Do not believe everything. Learn to question.

This course helps you take a critical view of AI-generated content, identify your cognitive biases and make better-informed decisions. Learn to distinguish facts from opinions, cross-check sources and remain in control of your judgement.



Recognise these situations?

- A well-worded answer starts to feel true.
- Teams use AI without always challenging its conclusions.
- We risk automating our own biases.
- It becomes difficult to distinguish facts from opinions.
- Trust in AI sometimes replaces critical thinking.



What we will understand

- How the brain assesses credibility and authority.
- Human bias, algorithmic bias and hallucinations.
- Why delegating an answer is not the same as delegating judgement.
- The limits and blind spots of AI models.
- How to develop a culture of constructive doubt.



How we will work

- Experiments with cognitive biases.
- Comparative analysis of human and AI responses.
- Verification, contradiction and source triangulation.
- Role plays and practical scenarios.
- Reasoned decision-making methods in an AI-augmented context.



What will change in practice

- More critical thinking in everyday work.
- Healthier, more responsible use of AI.
- Better-reasoned decisions.
- An ability to challenge results.
- A more informed leadership approach in an augmented world.



Who is it for?

Managers, teams, trainers, sales professionals and anyone using AI in their work.



Formats

Half-day
1 day
2 days



Our approach

Neuroscience • Practical methods
AI • Hands-on experience • Real cases



An international, cross-sector perspective

Examples and inspiration from different sectors and countries.



Request the detailed programme

Questions? Let's discuss your needs.